

DULUX RACE TO THE KING 2023

Questions & Answers

What is the Dulux Race to the King?

Dulux Race to the King is a weekend challenge event taking place on the $17 - 18^{th}$ June 2023, comprising a 100km figure of 8 across the South of England that walkers and runners can either split over 2 days or take on in one go.

Starting from Goodwood Racecourse, the route takes you along the coastal path of Chichester Harbour AONB, through the picturesque ancient village of Bosham and winds along the River Arun, past Arundel Castle and up along the South Downs Way before heading back to the finish line at Goodwood.

You will be treated like royalty on your journey with fully stocked pitstops, laden with food and drinks, an overnight Basecamp at Goodwood Racecourse and tireless support from our crew and medics.

The basecamp with have a festival atmosphere and welcomes Dulux employees' friends and family to support the participants or just soak up the atmosphere with a weekend of family friendly activities.

As well as Dulux employees, customers, suppliers and friends and family, there will also be around 1000 public participants taking part.

Team Dulux have the exclusive option to self-camp and invite family to join them at the overnight Basecamp. Alternatively, you have the option of a 1-man tent being provided and set up for you.

For more information visit the <u>Team Dulux Information Platform</u>. Here you can find a whole range of useful information, such as training programmes and everything you need to know about the event.

When is Dulux Race to the King?

The event will take place over the weekend of 17th and 18th June 2023. You will need to arrive on the morning of Saturday 17th June to take part and your package includes an overnight camping stay at Goodwood Racecourse in tents.

What is the cost of taking part in Dulux Race to the King?

All entry fees will be covered by Dulux however Dulux are asking all Team Dulux participants to make a £50 donation to The Outward Bound Trust. This donation will be requested on registration.

Participants may also choose to purchase extras such as weekend family passes, parking, shuttles, photography and carbon offsetting.

What packages are available for Dulux Race to the King?

There are a range of packages to suit everyone. Whether you want to walk it, jog it, or run it – the event caters for all abilities. All packages, except the 100km Non-Stop, have the option to include camping at Basecamp on Saturday night (100km Non-Stop participants are often still on the route overnight so camping isn't necessary!):

- 100km Non-Stop
- 100km over 2 days
- 50km on Day 1 (Saturday)



- Marathon over 2 Days
- Half-Marathon on Day 1 (Saturday)
- 10km on Day 1 (Saturday)

How do I sign up for Dulux Race to the King?

Click Here to complete the Team Dulux registration form.

Can I invite customers and suppliers to take part?

Yes, the more the merrier! Just send them the link to the registration form! If you have a VIP corporate team you'd like to invite, please contact Tina.Waller@akzonobel.com as there is a separate registration form.

Can I invite family to support me?

Yes, you are welcome to invite your family to support you.

Family can join just for the daytime or Team Dulux have the exclusive option to invite family to stay overnight. They will need to bring their own camping equipment and you will need to indicate the pitch size and number of Weekend Family Passes required via the registration form.

Your Weekend Family Passes will be sent to you by Threshold and you must distribute these. Family won't be able to access the camping areas without accreditation.

Can I bring my children?

Yes. You're welcome to bring your children to support you.

Children under the age of 18 can't take part in the main event but we will also be hosting a free Kids Mini Mile at various times over the weekend which you can also register your child for on the registration form.

There will also be many other child friendly activities such as a bouncy castle, climbing wall, knights training, and bubble entertainment.

What happens once I've signed up for Dulux Race to the King?

You'll receive an email from Threshold Sports, confirming your details and the package you've chosen.

In the run up to the event you will also receive regular emails from Tina Waller with essential event information. Make sure to add <u>Tina.Waller@akzonobel.com</u> to your email contacts to endure that you receive all the relevant information.

You can also visit the <u>Team Dulux Information Platform</u> to find out everything you need to know about preparing for the day, including training plans and top tips to prepare for the day and kit lists.

Ahead of the event you'll also be sent your Registration Pack and your complimentary Team Dulux t-shirt.



How do I get there and back?

Event parking will be available at Goodwood Racecourse. Parking is available to book now via your MyEvents Portal. Bookings will close 2 weeks prior to the event:

- Log on to your 'MyEvents Portal'
- Select Additional purchases
- Select your choice and checkout.

Can I use the event to fundraise for charity?

Yes. We'd encourage everyone who takes part to use the event as a charity fundraiser.

If you'd like to fundraise, please contact <u>Tina Waller</u> to get the link for the Team Dulux fundraising page.

What do I need to do for the event?

We'll take care of everything over the weekend of the event so all you need to do is concentrate on the challenge ahead.

Pre-event

From when you sign up, you'll receive all the information you need to get you prepared:

- Training programme tailored to your level
- Access to kit lists and all the advice you need for the day
- Special offers on kit from event suppliers
- Advice of how to get the best out of the event
- Team on hand to answer all your questions

Look out for Essential Event Information emails where we will update you on logistics and what to expect over the weekend.

Ahead of the event you'll also be sent your Registration Pack, your complimentary Team Dulux t-shirt and wristband – you'll need to bring both items with you on the day!

On the day:

When you arrive, you will leave your bags with our luggage team who will securely hold them until your return to the Basecamp at Goodwood Racecourse.

There will be plenty of support during the event to make sure you're looked after:

- Medical support
- Event timing and a fully signed route
- Regular pit stops with toilets, food, drinks and sports nutrition
- Bag transport to the finish/basecamp for all participants

Basecamp:

All Team Dulux places include camping (except the 100km non-stop package) and everything is taken care for you at the overnight Basecamp. We'll provide more information on the basecamp as we get nearer to the event but here is a taster of what is included:



- Two course evening meal and a hearty breakfast to get you ready for the rest of the challenge (please note, to make our events as sustainable as possible, our menus are completely vegetarian!)
- Individual tented accommodation that will be set up for you on arrival at the camp. You'll need to bring your own sleeping bag and camping mat. *Unless you have opted to self-camp with your family in which case you will need to bring your own tent and camping equipment to pitch on the day in the family self-camping zone.
- Hot showers
- Medical support
- Fully stocked bar!
- Live music
- Kids zone including bouncy castles, climbing wall and entertainers!
- Street food available to purchase

Post-event:

The support continues right to the very end:

- Hot food
- Hot showers
- Medical support
- Finishers medal

What if I don't want to take up the challenge – are there any other opportunities for me to get involved?

If you don't wish to take part, there are volunteering opportunities available over the weekend. Please contact <u>Tina.Waller@akzonobel.com</u> to find out more.

Who can I contact for more information?

If you have a question not covered here, please email Tina. Waller@akzonobel.com.