

50K COASTAL: ROUTE SUPPORT

PIT-STOP	DISTANCE (KM)	NEXT PIT-STOP (KM)	OPEN	CLOSE
1	9.3	17.2	Sat 09:00	Sat 11:15
2	26.5	10.8	Sat 10:15	Sat 15:45
3	37.3	12.8	Sat 11:15	Sat 18:45
Finish	50.1	N/A	Sat 12:30	Sat 22:00

FACILITIES	EVENT VILLAGE	PIT-STOPS
Toilets	✓	✓
Showers	✓	
Food*	✓	✓
Water stations	✓	✓
Food concessions**	✓	
Bar**	✓	
Charging points	✓	
Merchandise	✓	
Medics	✓	✓
Stretching area	✓	

***Participants are provided one meal at Basecamp; either a hot lunch or evening meal. Breakfast is available for those finishing on Sunday morning.**

****Additional cost**



**RACE TO
THE KING**